

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activities are subject to change		1	2	3	4	5
		10.30 – Gentle Chair Exercises in Main Dining Room 1.30 – Nail Art In A House	10.30 – Bunnings craft in Main Dining Room 1.30 – Guess that TUNE in B house	10.30 – Gardening Group 1.30 – Table Bobs in B House	2.30 – Matinee Movie time	A time for family and friends
6	7	8	9	10	11	12
10.30 – BINGO in Main Dining Room 1.30 –Scrabble & other games in A House	10.30 – St Pat Day crafts in Main dining room 1.30 – Whiteboard word Game in A House 2.30 – Catholic Service in A house	10.30 – Pool Noodle Games in Main Dining Room 1.30 – Crafts in A House 2.30 – Anglican service in A House	10.30 – Friday forum in Main Dining Room 1.30 – Floor Target In A House	10.30 – Get Ready be Steady in A House 1.30 – RSL Men’s group visit in A House	2.30 – Matinee Movie time	A time for family and friends
13	14	15	16	17	18	19
LABOUR DAY PUBLIC HOLIDAY 1.30 – “LABOUR DAY” Movie in the Main Dining Room	10.30 - Footy Tipping & Morning tea in Main Dining Room 1.30 – Nail Art in A House 2.30 – Catholic Service in A house	10.30 – Gentle Chair Exercises in Main Dining Rom 1.30 – This Day in History 2.30 – Anglican service in A House	10.30 – Noel Pearson (Live Entertainer) in Main Dining Room 1.30 – Kiosk Trolley & Scrabble in A House	10.30 – St Pats Day Morning Tea Dress up in your Green Clothes 1.30 – Trivia cards in A House	2.30 – Matinee Movie time	A time for family and friends
20	21	22	23	24	25	26
8 am – BIG BREAKFAST FOR ALL RESIDENTS IN MAIN DINING ROOM 10.30 – BINGO in Main Dining Room	10.30 – Footy Tipping & Morning Tea in Main Dining Room 1.30 – Wordsearch in A House 2.30 – Catholic Service in A house	10.30 – Mystery Cooking in Main Dining Room 1.30 – Whiteboard word Game in A House 2.30 – Anglican service in A House	10.30 – Get Ready Get Steady in A House 1.30 – Music by request in A House with afternoon tea	10.30 – Floor Target in A House 1.45 – Happy Hour in Main Dining Room	2.30 – Matinee Movie time	A time for family and friends
27	28	29	30	31		
10.30 – Footy Tipping & Morning tea in Main Dining Room 1.30 – BINGO in Main Dining Room	10.30 –Garden Group 1.30 – Reminiscing in D House lounge 2.30 – Catholic Service in A house	10.30 – Pool Noodle Games in Main Dining Room 1.30 – Guess that TUNE In B House 2.30 – Anglican service in A House	10.30 – This Day in History in D House 1.30 – Nail Art In A House	10.30 – Trivia cards in A house 1.30 – Armchair travel in Main Dining Room		

Regular Activities at Dianella

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bingo	Catholic Service in A house	Gentle Exercise in morning	Kiosk Trolley	Friday Forum 2 nd Friday of the month	A time for family and friends	

Gentle exercise is a morning chair-based exercise to enable residents to improve strength, mobility and dexterity.

Kiosk Trolley is a mobile shopping trolley that provides residents with treats they would not normally get for themselves.

Meal Times
Breakfast

7.00am

Morning Tea

10.00am

Lunch

12.00 midday

Afternoon Tea

2.00pm

Dinner

5.00pm

Family and Friends are welcome to join in with any of our planned activities. At present due to COVID-19 please check current visitor guidelines before entering our facility.