

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 10.30 – Mix Masters making morning tea in dining room 1.30 – Bingo in dining room					1 New Year's Day!	2 A time for family and friends
3 New Year's Day Public holiday	4 10.30 – Sensory Group B House invite only 1.30 – Table Bobs in B house 2.30 – Catholic Service in A house	5 10.30 – Gardening Group in Kitchen Garden outside 1.15 - Bingo	6 Tranquility Thursday	7 10.15 – Mix Masters making Cheese & Parsley Scones 1.00 – Deco's down 2.00 – Telehealth Computer Group by invite only	8 A time for family and friends	9 A time for family and friends
10 8am – Big Breakfast for D house only 10.30 – Bean Bag Bucket Throw in A house 1.30 – Bingo in dining room	11 10.30 – Nail Art in A house 1.30 – Whiteboard Word game in A house 2.30 – Catholic Service in A house	12 10.30 – Gentle Exercise walk and talk 1.30 –Milkshakes in the Garden	13 10.30 – Get Ready Be Steady in A house 1.30 – Kiosk Trolley in dining room	14 10.30 – Friday Forum in dining room 1.45 – Happy Hour in dining room	15 A time for family and friends	16 A time for family and friends
17 10.30 – A-Z of Australia in A house 1.30 – Bingo in dining room	18 10.30 – Sensory Group D house invite only 1.30 – Reminiscing Australiana in B house 2.30 – Catholic Service in A house	19 10.30 – Tin craft in A house 1.30 – Bush Stories & Poetry in A house 2.30 – Anglican Service in A house	20 Tranquility Thursday	21 10.30 – Bruce Sedawe & Singers in dining room 1.30 – Australia Day Quiz in A house	22 A time for family and friends	23 A time for family and friends
24 11.30 – Australia Day BBQ lunch & Celebrations in dining room 1.45 – Bingo in dining room	25 10.30 – Nail Art in A house 1.30 – Telehealth Computer Group by invite only 2.30 – Catholic Service in A house	26 Australia Day Public holiday	27 10.30 – Get Ready Be Steady in A house 1.30 – Kiosk Trolley in dining room	28 10.30 – Gardening Group in Kitchen Garden outside 1.30 – Tree Craft in A house	29 A time for family and friends	30 A time for family and friends

Regular Activities at Dianella

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bingo	Catholic Service in A house	Gentle Exercise in morning	Kiosk Trolley	Friday Forum 2 nd Friday of the month	A time for family and friends	

Gentle exercise is a morning chair-based exercise to enable residents to improve strength, mobility and dexterity.

Kiosk Trolley is a mobile shopping trolley that provides residents with treats they would not normally get for themselves.

Meal Times
Breakfast

7.00am

Morning Tea

10.00am

Lunch

12.00 midday

Afternoon Tea

2.00pm

Dinner

5.00pm

Family and Friends are welcome to join in with any of our planned activities. At present due to COVID-19 please check current visitor guidelines before entering our facility.